September 11, 2001, 5:50am PST, Vashon Island, my house, blue skies, sunshine, a perfect fall day, a perfect day all over the United States of America. Relaxing with a cup of coffee in hand, I turned on the Today Show and realized that one of the World Trade Center towers was on fire, it had been hit by a plane. My first thought was a prayer for the people in that horrific situation and my second was “that hole is huge.” Then a passenger jet came into view and struck the other tower, it was 6:05am PST and 2,977 innocent people would lose their lives that day. Instinctively I jumped to my feet and screamed, “God Damn You Bin Laden!” Instinctively, I knew Bin Laden was somewhere on that plane. My first thought was a prayer for all those lost that day. My home was under attack and I instinctively jumped to my feet and screamed, “God Damn You Bin Laden!” My home was under attack and I knew Bin Laden was somewhere on Earth celebrating. I knew the United States had been drawn unwillingly into another war and I knew my young son and daughter would be fighting it. Anger and anguish is still how I feel ten years later. My son is in the Navy stationed at NAS Belle Chase, LA, and my daughter is married to a sailor on the USS John C. Stennis. My sister, a Navy veteran, lost friends in the Pentagon. I am a Navy daughter and now a Navy mother, I understand why my children are fighting the war on terror, but that doesn’t mean I have to like it. My country, so united that first year, is now fractured in the aftermath of what we now call 9/11. At Vashon Island Fire and Rescue, our department gathered upstairs and watched the horror unfold. Anger and Instinctively I jumped to my feet and screamed, “God Damn You Bin Laden!” My home was under attack and I knew Bin Laden was somewhere on Earth celebrating. I knew the United States had been drawn unwillingly into another war and I knew my young son and daughter would be fighting it. Anger and anguish is still how I feel ten years later. My son is in the Navy stationed at NAS Belle Chase, LA, and my daughter is married to a sailor on the USS John C. Stennis. My sister, a Navy veteran, lost friends in the Pentagon. I am a Navy daughter and now a Navy mother, I understand why my children are fighting the war on terror, but that doesn’t mean I have to like it. My country, so united that first year, is now fractured in the aftermath of what we now call 9/11.

Reflect Revere
Remember 9/11
By Karen Pruett

Vashon Eagles Host Luau-Style Barbeque & Picnic to Benefit Food Bank

The “New Look” Vashon Eagles will host a Luau-Style Barbeque and Picnic, September 17th, at our club, 18134 Vashon Highway SW, Vashon, WA, to benefit the Vashon Maury Community Food Bank.

Saturday September 17th starting at 3:00pm there will be a Tiki Bar, a pig roast, raffles, a live auction and live music. All proceeds will be donated to the Food Bank. The Changing Face of the Vashon Eagles: The newly painted building, the well maintained grounds and the internet juke box with speakers indoors and out are only a part of the “New Look.” Another big change is the influx of “20-something” and “30-something” members that have signed up in the last year. “It’s exciting to see so many new, younger members” said Kim Cantrell, the President of the Auxiliary “It’s great to know that so many of Vashon’s younger residents are interested in helping the club help the community.”

Fund Raising is Going Strong: The $5,600 raised for the recent American Cancer Society Relay for Life brought the combined Aerie and Auxiliary donations to almost $20,000 over the last year. In addition to cash donations to causes like the Heart Fund, Mary Bridge Children’s Hospital and local causes like the Food Bank and VIPP (Vashon Island Pet Protectors) the Eagles also provide things like Thanksgiving Dinner Baskets to needy Vashon families, free dinners for Veterans every Veterans Day, and free dinners for anybody and everybody on Thanksgiving and Christmas at the club.

Membership Drive: Through Sunday September 18th the $15 registration fee will be waived for all new members. Continued on Page 9

Island Labyrinth Tour

On Saturday, September 24, eight labyrinths on Vashon Island will be open to the public from 10:00am to 4 pm. You are invited to take a self-guided tour of these labyrinths and the gardens where they are set.

The tour begins at the Episcopal Church of the Holy Spirit, which is located on the Island highway across the street from the Vashon Community Care Center. Maps and directions to the various sites will be available there.

There will be a short presentation continued on Page 8

Road to Resilience
By Terry Sullivan, Transition Vashon
Things You Can Do Now

Michael Laurie, Island water and home energy efficiency specialist, had some valuable comments on part of what I wrote last week that I now realize was misleading. For the purpose of clarification and to get the benefit of his knowledge and insight on the tools and theories that are already out there, I include his comments here.

“I completely agreed with almost everything you wrote in your last article in the Loop, but I disagree with some of the following statements in quotes:

How do you solve a problem if the tools you need to work with have yet to be invented?

The solutions have to be based on practicality rather than theory because there is no theory.

In struggling with the problem, it became apparent that each locality needed to approach its own plan from the ground up, utilizing the unique resources inherent in each community.’

‘While I agree with the need for local solutions, I don’t agree that the tools have been invented yet.’

I completely agreed with almost everything you wrote in your last article in the Loop, but I disagree with some of the following statements in quotes:

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In struggling with the problem, it became apparent that each locality needed to approach its own plan from the ground up, utilizing the unique resources inherent in each community.’

‘While I agree with the need for local solutions, I don’t agree that the tools have been invented yet.’

Amanda’s Appeal: The End In Sight

September 5, 2011 marked the arrival of the last phase of Amanda Knox’s appeal and Island supporters were glad to see the end in sight, the past year has been stressful but the court has been fair throughout this ordeal and we are hoping for a just outcome. Amanda and her friend, Raffaele Sollecito, have spent nearly four years in prison for the murder of Amanda’s British roommate, Meredith Kercher.

A murder that they did not commit. This tragic tale begins for Amanda and Raffaele the morning of November 2, 2007. Amanda returned to her cottage, after spending the night away, to find the front door open and as she stepped into the silent apartment she had no way of knowing that her life had just changed forever. She was unsettled as she showered and changed to go on an outing with Raffaele, there were tiny clues that something was amiss, but each miniscule hint could be explained away. The front door had a faulty lock and did not close properly, tiny drops of blood in the back bathroom could mean that someone cut had a finger and an unflushed toilet in the front bathroom

This omega bench is one of many garden features that can be seen on the island labyrinth tour.
**VMICC General Meeting**

Vashon Maury Island Community Council will meet Monday, Sept. 19, in the McMurray Middle School all-purpose room at 7 p.m.

The proposed spending of money from the settlement with Asaro on Vashon-Maury Island including sampling and cleanup for the most contaminated areas of the island, will be the topic of Hannah Aoyagi, PhD, of the Toxics cleanup Program of the Washington State Department of Ecology. In addition to her presentation, she will answer questions.

An urgent motion from Joe Ulatowski in support of the Vashon Fire Department’s concern about the Department of Transportation’s road maintenance plans on the island is on the agenda.

A discussion and vote on the water section of the town plan, which includes the rainwater collection for potable use, is slated.

The impact of the Highway 99 construction on the West Seattle Bridge and connecting thoroughfares may also be addressed by a representative of the Department of Transportation.

The Land Use and Natural Resources Committee has been reactivated and Robert Keeler will be calling a meeting. For more information, call him at 463-6584.

The VMICC Board will be having a planning retreat on Sunday, Sept. 25, at Minglement on the corner of Vashon Highway and Cemetery Rd. from 8 a.m. to 4 p.m.

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**Vashon’s Yellow Pages on line. Find it on**

www.VashonPages.com

Kronos, Palouse Winery, Pandora’s Box, Northwest Sport, Frame of Mind, Country Store, L.S Cedar, Vashon Business Info

www.VashonPages.com

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**October is Dental Month**

Disease of the teeth, gums and mouth infections can cause pain and also lead to kidney and heart disease in your pet. Get a 10% Discount on dental procedures and supplies, including TD & DH Diet and PHOS (Grief Support Services is offering a 6-week grief support group for adults who have lost a loved one to death in the last two years. The group will meet for six consecutive Thursday evenings, October 6 through November 10, from 6:30 – 8:00 pm on Vashon. Registration is required to participate. Please call Jane Fleming at PJHCS (206)749-7704 for information.

**For the Love of Goats!**

New to dairy goats or thinking of getting dairy goats? This one day, on farm workshop is the perfect primer.

Goat Husbandry 101 with Karen Biondo at La Biondo Farm & Kitchen on Vashon Island. Saturday, September 24, 10 AM - 2 PM $125 includes Harvest lunch.

Karen Biondo shares 11 years of birthing, feeding, milking, loving and yes, burying mostly Nubian dairy goats on her 5 acre colorful and diverse farm. Learn about housing, fencing, pasture, hoof care and basic, on farm vet care. You will have an opportunity to milk, trim hooves, give vaccination shots and love up this years’ kids: Licorice, Petunia and peony. Also learn about Biondo’s practical 3 Day Rule. Cheese and yogurt making will be discussed with samples to taste. Class size limited to 10. PayPal, checks and cash accepted. Questions and reservations labiondofarm@comcast.net, 206-463-9906 www.labiondofarm.com

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**The Vashon Loop**

**Call for an appointment**

206-463-3607

**Fair Isle Animal Clinic**

**Make a date with Vashon!**

www.VashonCalendar.org

Vashon Library Events

Art & Music Events

Submit your Event on line at www.vashoncalendar.org
Buddy’s Pick of the Week:
PNV Cat Calming Treats. He’s addicted.

$8 Nail trimming with no appointment
17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

Come see us at the Vashon Sheepdog Trials. Don’t miss the fun!!! We’ll be there with a booth and lots of goodies.
New bed specials in store. And, get ready for fall and cooler nights with a new dog coat for fall. Daylight’s leaving earlier and earlier, get your reflective leashes and collars and blinkers.

Buddy's Pick of the Week:
PNV Cat Calming Treats. He’s addicted.

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$8 Nail trimming with no appointment
17321 Vashon Hwy SW Big Red building w/Animal Stuff on the porch

Federal/state Wildlife rehabilitation and education facility. We rescue All species of Wildlife and return them to the wild.
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Jake (206) 200-4858
info@raabandsons.com
www.raabandsons.com
Normal People Are Those We Don’t Know Well

For the past ten years local author Judi Blaze has been compiling a collection of short stories that will be released at the end of September. The collection includes 17 stories in a book entitled NORMAL PEOPLE ARE THOSE WE DON’T KNOW WELL published by Black Rose Press. The stories chronicle the lives of quirky, often unhinged characters who show us that while we may perceive how peculiar we think others may be—they really are not so different; some involve love and loss, while others are humorous and endearing.

“People are natural voyeurs and Judi Blaze allows us to peek into the lives of others in her first collection of short stories,” says her publicist Bridget Dean. Many of the stories are set on an island in Puget Sound and Blaze says, “You may recognize some individuals who make up the island.”

NORMAL PEOPLE ARE THOSE WE DON’T KNOW WELL is Blaze’s first book to be released since she released a novel called Beach People. Beach People followed On Indian Time, an award winner in the first Novel Fest, and Riding on a Rainbow, a novel based on a true story of Blaze’s life growing up gypsy.

Many of the short stories in this collection have won awards or have been published in anthologies; which includes the University of Southern Florida anthology. She has also been published on various online sites, such as the Chick Lit Review, for a novel she has not yet released, called Orchard Island. Most recently she was runner up in the 2010 and 2008 Warren Adler national completion or a short story. She also won 1st place in the Willamette Writers Kay Snow awards in creative writing, and has won several online competitions.

Judi Blaze is a former print and media journalist and currently works full time as a writer. She has acted as a ghost writer for many people, generally writing eBooks, but continues to work on her own books. She has just finished her fifth novel, Sunday at the Social Club and another called Orchard Island, which also takes place on an island in Puget Sound. She is now working on a memoir about her life growing up gypsy called RIDING IN THE BACKSEAT WITH MY GYPSY.

Riding on a Rainbow, a novel based on a true story of Blaze’s life growing up gypsy.

We Want Your Feedback on the New High School Design

The high school schematic design is complete! Take a look during this short fly-through video at www.vashoned.org/index.php/district2/cap or read the schematic design book on line at www.vashoned.org/docs/VHS_SD_Book_110819_FINAL.pdf and let us know what you think. Hard copies of the book are available at the Vashon Public Library, the high-school office and the VSD district office. If you’d like to comment, please fill out this online form or attend one or more of the following events:

September 8
Schematic design schedule update at the school board meeting, 7:00 p.m., McMurray Middle School library

September 14
Schematic design viewing at Chaotuqua open house, 6:30 p.m.

September 15
Schematic design viewing at the Community Dinner, 5:30 p.m., Vashon Island High School cafeteria. The architect and contractor will be available to answer questions.

September 21
Schematic design viewing at the Vashon Island High School open house, 6:30 p.m.

September 22
Final schematic design presentation and estimate to the school board, 7:00 p.m., McMurray Middle School library

September 28
Schematic design viewing at the McMurray Middle School open house, 6:30 p.m.

October 6
Schematic design viewing at the Community Dinner, 5:30 p.m., Vashon Island High School cafeteria. The architect and contractor will be available to answer questions.

October 13
School Board votes on a final schematic design package and estimate, 7:00 p.m., McMurray Middle School library
*These events are all open to the public.

Islander Forming Group for Aid to East Africa

Less than two months ago the United Nations declared a famine in parts of East Africa. It was widely covered by the national media for several days but has since received very little attention. Now the UN has even greater warnings about the scope of this terrible situation.

Tens of thousands of refugees have died and more than half a million children are on the brink of starvation. UN officials have stated that the famine continues to spread, warning that 750,000 people could perish in the next few months unless humanitarian aid increases.

How do we respond to this dire need? What can we do from hundreds of miles away?

A massive response, in the form of a nutrition supplementation pipeline, is underway and islanders can help. XANGO, an international wellness company, and AmeriCares are working together to feed thousands with the delivery of XANGO Meal Packs. These packs can be purchased by XANGO customers and distributors which are then donated to AmeriCares.

“XANGO Meal Packs are an effective way to give supplemental feedings to malnourished patients,” said AmeriCares Medical Director Dr. Frank Bia. “By simply adding water, you have a beneficial supplement that’s easy to both prepare and use.” Each serving is a high-calorie, vitamin-enriched powder that becomes a porridge when water is added. AmeriCares and XANGO are delivering enough Meal Packs to provide a supplemental daily feeding to nearly 13,000 children and adults.

The local Project Representative for the island is Marianne Metz Lipe. Contact her to learn more about the Meal Pack program and help alleviate the suffering of children and families (367-5939). Resource website: www.FeedingFamiliesWorldwide.com

Riding in the Loop

It’s a great time to get back in the Loop. ads@vashonloop.com
Next Loop comes out September 29

Advertise in the Loop

www.vashonloop.com

The Vashon Loop, p. 4

September 15, ’11
Island Life
What Should I See?
by Peter Ray

Well, it is that time of year, and as anyone who has been reading words from this space on a somewhat regular basis should know, we generally pen a report from the hot, dry, high desert environs of northwest Nevada about this time every year. As it so happens, this year will be no exception. What I would like to have said here was that certain aspects of our yearly trek to Burning Man had not been a part of our collective experience this time around. Unfortunately, and in spite of all our pre-burn preparation, our vehicle of transportation choice chose to crap out on us once again. I had thought about titling this piece "Four for Four", for the four times in a row we have had varying degrees of vehicular indifference to anticipated travel plans.

Having driven the RV to Bend a month earlier with no problems, we were sure that this aspect of our previous three journeys desertward would not be a part of our travel agenda this year. And I had decided that I was not going to experience heat collapse as I had in the past, so I changed my diet and swam fifteen thousand yards a week for the month leading up to departure time. Everything seemed to be ready, but there was that smell of burning brakes that came and went as we motored southward, and when it came one more time as we were passing through Bend this a month later, we deemed it prudent to ask an expert. Two separate mechanics declared we were on the verge of complete braking system failure, so with Wendy’s credit card at the ready we rented a cargo van, transferred all essentials, shopped for further necessities that the RV would have provided, and were on our way in four hours.

It is because of that transfer of transport modes that the above title emerged. With no room to sleep in the van, we pulled our mattress out once we reached the Summer Lake Hot Spring (a destination spot for travelers to Burning Man) and slept out under the stars. As it turned out, word had gotten out, and a crowd like no other we’ve seen there came, and arrived late into the night and early morning. We were awakened many times by headlights and exhaust pipes passing by feet from our heads, and finally when the night darkness turned to morning glow we gave up thoughts of sleep and turned toward the welcome use of our early entry pass at the festival. On our way to the restroom before leaving, we came upon what turned out to be a first time burner, too excited to sleep with thoughts of the next week racing through his head. After hearing that we had a combined playa experience of 19 years, he asked us what he should see when he got there.

What we told him was to not burn yourself out by Tuesday and to drink plenty of water. In essence though, as I have you to deliver. As I said, you can’t describe it, so I guess that leaves it all up to your imagination. Go ahead- just imagine. It is actually out there, you also lose the experience of discovery for yourself.

What we were glad to see when we reached the gate at Black Rock City (BRC), a fiction that becomes fact for eight days on BLM land in northwest Nevada—was that there was no line. In the past we have had to wait two to four hours to get in—this year it was two cars and go. To get this privilege I had signed on as videographer for a project documenting various aspects of the Burning Man experience. It was also my hope that my pre-burn conditioning would allow me to transcend the strength-sapping rigors of high desert altitude and heat and get out there and deliver the mail. Some people call all this working on vacation. I see it as what Burning Man is all about. The video project was a subgroup of the ever growing Burning Man organization, often referred to in varying tones as “the BORG”. The Black Rock City Post Office or BRCPO, is run by people like you and me— or at least me— and runs on an altruism that allows a direct connection with the U.S. Postal Service that sees to it that mail passes smoothly back and forth between BRC and what is known from within the gates as the default world we left behind.

To make a book length story fit in my box, it will just be said that I plan to pledge my allegiance to the U.S. Postal Service that sees to it that mail passes smoothly back and forth between BRC and what is known from within the gates as the default world we left behind.

Next Edition of The Loop Comes out Thursday, September 29
Deadline for the next edition of The Loop is Friday, September 23
Conductor Favors New VAA Performance Venue

Much has been written lately, in these pages and beyond, about the current plan of Vashon Allied Arts to construct a new performance venue. To voice my agreement with Steve Ames’s recent article that discusses the environment in its favor outweighs those against, I would like to add a few comments regarding acoustics and other issues specifically related to performance.

It is especially worth considering how the new venue would compare to those already extant on the Island. While we performers are very grateful that these spaces are available to us, we are also keenly aware of their innate disadvantages. To illustrate the current situation, I will call upon my personal experiences with Vashon Island’s Chorale and Vashon Opera, the two Island-based organizations with which I have been most closely associated. That said, I should point out up front that these remarks are representative solely of my personal opinions, and are not necessarily the official positions of either of those organizations.

I know of only one acoustically excellent space on-Island that is in occasional major concern for the Methodist Church. Its proportions and building materials are quite good from an acoustical point of view, though it has other handicaps, such as the acoustical ceiling height. The size of the area 8 x 17’. Certainly a ninety-one-score choir wouldn’t fit at all, let alone when matched by a twenty-piece orchestra.

For as sheer size, the O-Space would work theoretically, but its acoustics are dreadful for unamplified sound. And I am told that it is quite blinding when it rains. The Vashon High School auditorium likewise gains in size what it lacks in ambience.

Bethel Church has been a decent option for Chorale and Opera, but it is acoustically far from effective for the purposes of live performance. The Chorale, all of being equal, could balance a medium-sized orchestra of 30-50 players quite nicely. However, at Bethel, fully a third of the singers must be nestled into an acoustic disadvantageous nook in the side of the stage area. The Chorale’s third of the singers must be nestled into an extremely disadvantageous nook in the side of the stage area. The Chorale’s vocalists are acoustically far from effective for the purposes of live performance. The Chorale, all of being equal, could balance a medium-sized orchestra of 30-50 players quite nicely. However, at Bethel, fully a third of the singers must be nestled into an acoustic disadvantageous nook in the side of the stage area. The Chorale’s third of the singers must be nestled into an extremely disadvantageous nook in the side of the stage area. The Chorale’s third of the singers must be nestled into an acoustic disadvantageous nook in the side of the stage area. The Chorale’s vocalists are

The Vashon Loop, p. 6  September 15, ’11
Aries (March 20–April 19)

I suggest you ask yourself just what you’ve been through the past five or six years. It was definitely unusual, and by that, I mean that you probably got yourself into a significant emotional crisis. It was more like a series of initiations, or an extended ordeal designed to help you figure out who you are. You learned a lot – and now the question is how not to forget. Outright frustration has tamped down to a sense of malaise, and perhaps of anger when you discover that you’ve been trying to keep reminding you to stay awake and alert. Notice those relationships wherein there is a bit of push and pull, and the sense that you do a considerable amount of work but they work anyway. That tension can also remind you to pay attention, and mind the people you are closest to and with others. If you treat others as if they are here to help you, they are more likely to do so. Open up to receiving what they offer and they’re likely to give you more of what you need.

Taurus (April 19–May 20)

You may be feeling like you’re out of your element, but I doubt that’s true. Where you are, however, is in a situation that is at least a bit off the beaten track, here at this time you remember. Rather than settling back into the sensation that things are how they usually are, you are discovering who people are – only to find out later that anyone is exempt, but Mercury and Chiron are about to align in a way that can clarify this issue for you. Imagine that this entity is a collection of ways of life people can assign. Pretend we have hundreds of ways we can connect with others. Among them, there are just a few very clear alignments where this issue of how we handle, treat and mirror one another’s self-esteem can be seen for what it is. This is your way of saying that you need to observe over the next few days. I suggest not looking for specifics, but rather treating everything that happens as an opportunity to reexamine this issue and seeing where that leads you.

Virgo (Aug 23–Sept 22)

You may face some serious challenges this week, which may be easier to feel emotional about than to actually face, responsible for most of the misery and abuse in the world today. We then take this condition and bring it into our relationships, basically putting our self-worth into the hands of someone else. This is the root of what is commonly viewed as codependency. Even though you haven’t discovered your own self-esteem, it is, yet there are processes that have faced humanity for its entire life. To get there, it’s essential that you believe in this entity. Start modestly, with a sincere desire, to be using these beliefs as the basis of your present situation. At the moment you are more likely to make claims about the future. I suggest you consider which fears you will make an important discovery about yourself.

Leo (July 22–Aug 23)

Lack of self-esteem is one of the most serious issues of our day. It may be the root of many of our problems. We are facing head-on, face, responsible for most of the misery and abuse in the world today. We then take this condition and bring it into our relationships, basically putting our self-worth into the hands of someone else. This is the root of what is commonly viewed as codependency. Even though you haven’t discovered your own self-esteem, it is, yet there are processes that have faced humanity for its entire life. To get there, it’s essential that you believe in this entity. Start modestly, with a sincere desire, to be using these beliefs as the basis of your present situation. At the moment you are more likely to make claims about the future. I suggest you consider which fears you will make an important discovery about yourself.

Scorpio (Oct. 23-Nov. 22)

One of the temptations you’re facing now is the idea of purity. You may be tempted to think that there’s a way to get into a way that’s lurking in the background. This may involve themes like wanting to have an absolutely clear conscience, correct ideas, take impeccable care of your health, or absolute focus on your most important purpose in life. You know, the kind of thing you like to think of as a ‘cosmic other’. You may discover this entity within you as an expression of this issue – and rather treating everything that happens as an opportunity to reexamine this issue and seeing where that leads you.

Sagittarius (Nov. 22-Dec. 22)

Humanities are complex beings. We seem to spend a lot of time sorting out our contradictions, and the rest of the time working out those of the world around us. The bottom line is that you seem to be making progress. Despite the many intricacies and the maze-like quality of your life, you actually find yourself getting along very well with one key individual in particular, and also with certain groups that have a family-like quality. If we were to make a list of the most prominent entities that have faced humanity for its entire history, they might include questions like: Where did we come from and how do we get here? But on top of the list would be, ‘What is the secret to human cooperation?’. You seem to be figuring this one out, and I suggest dialogue put the information to work, especially toward advancing a long-held career goal.

Capricorn (Dec. 22-Jan. 20)

I suggest you connect the idea of professional advancement with fertility. Whatever the outcome of employment, you’re in a phase of seedling the future. You can think of this as imprinting your own aspirations, which – when they begin to manifest – often have the sensation of ‘having a life of their own’. This is precisely what you’re going for. Be mindful of who you’re speaking with at all times. Listen for the ways you can work together, and pay attention for those visionary moments when ideas erupt spontaneously. Please keep a notebook to track both who you’re discussing something with and what you’re talking about. Give things a chance to develop, and also do your best to consciously evolve them. Notice when certain themes repeat themselves, and see how they contrast with people who share similar ideas. Look for patterns of affinity, such as when you hear of organizations that have values similar to your own. This will work a lot better than sending out resumes.

Aquarius (Jan. 20-Feb. 19)

You seem to be trying to fit yourself through a narrow opening of what you believe is possible. As you are doing this, you may be fitting yourself into a passageway; you need a wider concept, and a bigger idea; that means you will need to evolve one that is applicable to you. One typical problem you encounter when you do this is that you can lose any sense of definition, shape or form – or any fear that you will. That suggests you need to work with structure and with a concept, but that concept needs to be flexible enough to adapt to different situations, to different roles. There is nothing about the concept – it’s your beliefs about what you’re capable of. You seem to be using them as the basis of setting your goals. I suggest you work the other way, by defining some objectives, then determining how you’re going to get them.

Pisces (Feb. 19-March 20)

Sex is like seawater, in that it contains nearly every element of consciousness. Many have noted the similarities between blood and seawater, both of which are continually in a state of change. Notice the overlay and exchange between yourself and the people close to you, including your family. The bottom line is that there are many ways that two people can connect, pretend we have hundreds of ways we can connect with others. Among them, there are just a few very clear alignments where this issue of how we handle, treat and mirror one another’s self-esteem can be seen for what it is. This is your way of saying that you need to observe over the next few days. I suggest not looking for specifics, but rather treating everything that happens as an opportunity to reexamine this issue and seeing where that leads you.
I could if I wanted to
Maybe by Mary Tuel

I was asked to write a blurb about the Island Labyrinth Tour for my church and I realized that the blurb needed a picture. I mentioned this in an email to my friend Susan, who is a retired journalist, and told her that it would be hard to get a good picture of a labyrinth because a labyrinth is a pattern on the ground, and I wasn’t sure how I could get a picture that looked like anything more than a lumpy bit of lawn with some rocks set in it. I mentioned that perhaps I could climb up on a bench that sits at the edge of the lawn where the labyrinth is located, and from that height I could get a better picture. She immediately replied:

“DON’T STAND ON A BENCH TO TAKE A PICTURE. I FORBID IT. IT’S DANGEROUS. TELL THE PAPER TO TAKE A PICTURE. I FORBID IT. IT’S DANGEROUS.

She went on to remind me that not only do I have bad knees, but I have lately had a bout of vertigo, that swirling sensation where I feel like I’m falling. She saw my climbing up on a bench as a disaster that had found a place to happen.

Being the stubborn, ornery sort that I am I drove up to my church where the labyrinth is located, and from that height I could get a better picture. I probably stood on it safely.

When I got there, though, I walked up to it and realized that with my knees I would not be able to get up on it in the first place, so there was no danger of my falling off.

I took the picture of the labyrinth, which indeed came out looking like a lumpy lawn with some rocks set in, and I thought about the disconnect between what I think I can do and what at this age and stage of decomposition I am able to do.

See, all my life, despite my reckless disregard for exercise and healthy eating habits, I have been able to do whatever I wished to do physically. Granted the bar was set pretty low, but if I wanted to, say, paint the living room, or sit on the floor and stand up again, or climb up on a concrete bench to take a picture, I could do it.

That has all changed in the last few years, but my clever brain has not yet heard the news. It will think, “I can climb on a bench!” and my knees will reply, “Hey, genius, we’re not doing that.

It’s one of the really annoying things about getting older. In my mind I am forever young and have no limits. In the real world these days – limits.

I read once that it is the accumulation of the effects of accidents that makes our bodies age. I believe there is a lot of truth in that statement. I think if it hadn’t been for that torn meniscus, that crushed vertebra, that broken arm that healed about a half inch shorter than it used to be, I’d feel a lot better and be a lot more able to do things, and I wouldn’t walk as funny as I do, on the days I can walk.

When you’re young you think you want to live forever. You don’t realize that you’re not always going to feel good, or be as capable as you were in your youth. I have been blessed to live this long, and I’m happy to be here. I don’t know when I’ll grasp that there are things I can’t do, though. Not yet.

Note: My friend Susan, quoted above, is the one being treated for stage 3 lung cancer. At this time, nearing the end of a course of radiation, the tumor has shrunk dramatically, and that’s the good news. She has a long way to go yet, but it’s good to have some hopeful news.

Island Labyrinth Tour

Indonesia, that is perched on the edge of a vast ravine with a dramatic views to the west. The labyrinth was created as a turf labyrinth so it would quietly integrate within the natural setting of meadow and towering cedars that define the property.

“A moss labyrinth” built with old logs on the property of Edna & James Dam. Their description: “Five years ago, inspired by a talk by Betty Hawkins, we started a labyrinth built of moss-covered logs. Sited in a low, damp, slightly open area among
dense alders, a huge hollow cedar snag, and several old-growth stumps, it seems to provide an ideal medium for the growth of a variety of lichens, bright mosses. We built the labyrinth using the classic seven-ring Cretan pattern. The idea was simple, though the execution took a few years and is ongoing. All materials were found on our 10-acre property, and as storms bring down better specimens, we incorporate them into the labyrinth. We love to walk our labyrinth in all seasons and all kinds of weather, though it’s really at its best in late winter when the moss is brightest and a few drifts of native wildflowers are in bloom. It’s a celebration of moss, and it gives us a “destination” with which to encourage visitors to take a walk in the woods.”

David Pfeiffer and Daniel Klein have created a non traditional 4-circuit Cretan style turf Labyrinth on their 15acre property off was orchard road.

They were intrigued with the concept of sacred geometry after a visit to the foothills outside Guadalajara, Mexico. The labyrinth represented to them the perfect geometrical archetype, the sphere. They wanted to incorporate this sacred place on a flat sunny west facing shelf in their meadow, for walking/sitting mediations. It is situated with views of the Olympics and Colvos passage. The labyrinth has a stonecarved mystical guardian couple from East Timor in Indonesia acting as sentrys, welcoming its visitors. The labyrinth is at its best in late winter when the moss is brightest and a few drifts of native wildflowers are in bloom. It’s a celebration of moss, and it gives us a “destination” with which to encourage visitors to take a walk in the woods.”

A moss labyrinth, which you can hardly see, but it’s a nice picture looking toward the West Passage.

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Next Loop comes out September 29
Continued from Page 1


g shuttle less time when a bar of bath soap is used up. Put them in a small jar with water to cover plus an inch. Microwave uncovered 1 minute. Voila! Soft soap for hand washing. For a more liquid soap, add more water before microwaving.

SOAP ECOLOGY: Cut a large sponge in two. It will fit your hand better, and you'll have a virgin sponge in reserve for when that first half wears out.

Ten years later homage came by UPS from 106 Homer's garage. VIFR business office receptionist Linda Hamilton recalls, "We opened the box and looked and thought, 'Is that all?'"

"It's a piece of the Twin Towers," replied Chief Lipe and the entire station fell silent as one by one they touched Artifact #I-0082G.

This 95lb, 2.5-foot tall, blackened and twisted chunk of I-beam is one of hundreds to find shelter at fire departments in all 50 states, in a year or so our county will have a broken piece of grace VIFR, part of an interactive memorial that invites you to remember our fallen.

For sanitation, every few days your sponge 15 minutes in a small pan of 2 cups water plus 1 teaspoon soda. You'll be surprised how much dirt the sponge releases, how fresh and clean it gets, and how much longer it last.

As the weather cools and baking appeals to you, buy a copy of "Wholegrain and Gluten Free" baking book. You'll get 67 recipes for yeast breads, quick breads, biscuits and scones, muffins, cakes, pies, cookies, and timesaving homemade mixes. All these present baked goods filled with the fiber and nutrients what refined flours have melted out of them. The book costs $15 at Minglement or the Country store.

They hope to have a firestone entwined up the columns representing the firefighters who lost the lives and a debris field that represents America picking up the pieces and pressing forward. Either the stepping stones or a base of multicolored granite, with a five-sided shape. Many Island stone and bronze artists, including Chuck Irish, have been approached for the project.

You can also play a role in bringing this narrative to life by donating to the 9/11 Memorial Fund through Vashon's Sound Credit Union, located on Vashon Hwy and Bank Road. Vashon's Fraternal Order of Eagles #3144 has assisted $1800 and Tom Bangasser $250, altogether VIFR has collected $2000 of the estimated $40,000 needed.

The Vashon Island Fire and Rescue's donation is $5.25 for each adult on Vashon. Of course, pennies donated for car washes by our kids are also very welcome and very much appreciated.

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"I'm a father of four children.\n
"It's a piece of the Twin Towers," replied Chief Lipe and the entire station fell silent as one by one they touched Artifact #I-0082G. This 95lb, 2.5-foot tall, blackened and twisted chunk of I-beam is one of hundreds to find shelter at fire departments in all 50 states, in a year or so our county will have a broken piece of grace VIFR, part of an interactive memorial that invites you to remember our fallen.
One Dead Car
By Deborah H. Anderson

One would think with everything I have on my to-do list (lose 115 pounds – you-team for the Big Bash – refilling my coffeepot) that looking up to buy a house, providing special things for my children, volunteering for activities I believe in (drum majorette, world peace and doing my chores) I've got zero, zip, zero time to deal with getting rid of somebody else's dead car.

When I first drove to see the house I turned it down because there were two dead cars in the front year. Great location, great floor plan, great price, but a house with two dead cars in the driveway…not for me.

Defective and then the mechanic went replace the broken one all of which were love that little car. I loved Oldsmobiles. Then came the Oldsmobile station van. Then came the Oldsmobile station waggon with overly large side windows, so that you could see the sky. It was a sieve through its sunroof, it stayed a yellow vanagon with overly large side windows, so that you could see the sky. It was a sieve through its sunroof, it stayed bouncing. Whenever the motor kicked in, it was a bottomless monstrosity bouncing. Whenever the motor kicked in, it was a bottomless monstrosity of a once proud class which I caught my hair coming back from the beginning that the Peruvian Public Minister, Giuliano Mignini, used Amanda as a distraction from his own legal woes. Corporation police officer Michele Giuttari were being tried for wiretapping and Abuse of Office, both were found guilty and to serve prison sentences. At least by 2006, the PM had threatened American Douglas Preston, chased him and his family out of Italy, and precipitated the decision of Prestons associate, Italian Marco Spezi. All for writing a book. Their book was based on a famous unsolved serial killer case in the Italian Umbrian hilltop town of Perugia. 'Almost Perfect' reminds me to treat my neighbors as I would like to be treated. The life of Dead Cars is to accept the reality of history, move on, keep the good, and create something beautiful out of the bad. Repeat as often as necessary. May it be so for you. Love, Deborah

Amanda's Appeal
Continued from Page 1

there was the Dodge Aires. I was going to save the car and have it restored as a symbol of God's restorative power. But in an unusual twist, it even ended up being towed. At that point I learned an important theological lesson that liberals have a lot to work with. God doesn't make, or like, junk. I didn't have to romanticize poverty. Poverty is evil.

So since early Spring I have been working with the property manager to get the dingy things towed, this Buick that served it master well no doubt but now is just a canvas for algae and pine needles.

Ump teen phone calls later, deep conversations with the towing company, a visit from a cop to sign off on the thing and we are one registered letter away from getting rid of it. Do I wish the person had taken their trash with them? Certainly. But that's not always possible and I have all the compassion in the world for their circumstances.

Everybody has an eyesore from the past, things they would like to forget. Having that car sit there for months while I lived in almost perfect reminds me to treat my history with tenderness. I cannot hate my past and live a healthy present. I cannot whitewash my past and live an authentic present. I cannot resent my challenges and live today with balance.

Ultimately the story of dead cars is learning how to remove them and send them to the scrap yard while cherishing the memories of their newer days.

This past summer at Family Camp, Joe and Caity surprised me by singing the duet from 'Phantom of the Opera': 'All I Ask of You.' Why? Because of their favorite childhood memories is riding in the Audi with the soundtrack to that musical blaring away. Irony. And they wanted to move me to tears (because they both are amused by my tender heart). Seeing and hearing them certainly did that.

The lesson of dead cars is to accept the reality of history, move on, keep the good, and create something beautiful out of the bad. Repeat as often as necessary. May it be so for you. Love, Deborah

Want to read more of Deborah? You can find her at three separate blogs: www.onewiththeRootbeer.blogspot.comoffers practical advice and simple observations for parents from pregnancy through adolescence. www.mealandsmoments.blogspot.com offers real encouragement in a virtual world. www.socialcontemplative.blogspot.comencourages faith based leadership for those in the church world. or you can email her at dh@lgcm.com
Road to Resilience

Continued from Page 1

not been invented or that there is no theory. I think the problem is not the lack of tools and practical workable theories. I think the problem is more in the areas of lack of awareness of the immensity of the problem, resistance to change, being busy and overworked, not realizing that many of the changes are not that hard and can be fun, information overload.

“Last week, I had a great talk on the water aspect of this topic with someone and she said ‘The solutions have been known for decades.’ I totally agree.

“To some the tools are: weatherizing your home based on an energy audit, drip irrigation, compost, mulch, low water use buying local, organic food, site specific storm water control when possible, toxic materials, recycling, reuse, driving less, flying less, tele-commuting as much as possible, trying to live close to work, being more empathetic, considering the impacts of actions on others and the planet, always looking for the more sustainable alternative, sometimes coming up with the right details on a regular basis, and more.

“I think we can all do better on these things, but I suspect you know and practice most of these and these solutions take some work because they are not all obvious unless you have been working in the field for years, or know the best details of the solutions keep changing and improving. But programs developed by working professionals like the local Built Green and national LEED and others have worked out a lot of the details thru many projects.

And the soon to be released Sustainable SITES® Protocol has some good guidelines.

“As for theories I think the usual suspects starting with Thoreau (Living Simply), and continuing with Gary Snyder (knowing The Place you Live In), Simply), and continuing with Gary Snyder (knowing The Place you Live In), Hunter and the soon to be released Sustainable SITES® Protocol has some good guidelines. I think that the problem is not lack of tools and practical workable theories. I think the problem is not lack of tools and practical workable theories. I think the problem is more in the areas of lack of awareness of the immensity of the problem, resistance to change, being busy and overworked, not realizing that many of the changes are not that hard and can be fun, information overload.

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The Inn is open for guests seven days a week.
We have music every weekend!
In the heart of Beautiful Burton By the Sea...

VAA Honors Six Commissioned Island Artists

By Janice Randall

Each year VAA Art Auction commissions six Island artists to celebrate their artistic contributions. This year’s Friday commissioned artists are: Nancy Sipple, Gretchen Hancock and Gus Schairer; Saturday commissioned artists are: Art Hansen, Odin Lonning and Elaine Summers.

VAA Art Auction is the premier Island fundraising event and money raised directly impacts on arts programming VAA provides Island residents and the income producing opportunities provided to Island artists. This event raises money to provide scholarships, artist commissions, instructor fees and operational support for the education and development of artists of all ages.

Art Auction is generously sponsored this year by John L. Scott, Sellen, Puget Sound Energy, LMN, Sparling,Vashon Thriftway and Trigg Insurance.

Nancy Sipple’s Art Auction piece, “Vanity,” combines her many talents—needlework, silver and wood—into a one-of-a-kind dresser set; a silver-lined tray with an ornately embroidered peacock, silver embellished brush, comb and hand mirror.

Painter Gretchen Hancock offers a triptych of colorful still life acrylics, “Oranges.” “I like still life because of the immediate information; but I like doing it all,” she says.

Gus Schairer’s commissioned work, “Joy of Spring,” made of African wonder stone, expresses the sensation of movement in a medium that would seem by its very nature to deny movement.

Art Hansen’s vibrant watercolor, “Poppy,” reflects his love of flowers and gardening in his signature style.

Odin Lonning’s commissioned piece, “Killer Whale Matriarchs” pays homage to three Puget Sound killer whale pod matriarchs and is carved from red cedar, painted in traditional Tlingit colors.

Elaine Summers’ Art Auction piece, “Troubadour,” merges her love of music and mosaic on an old acoustic guitar. “People bring me these old broken guitars; I can give them new life with mosaic.”

VAA Art Auction
“Hooray for Hollywood!”
Friday & Saturday
Sept 23 & 24
5:30 pm (includes food, beverages and fun!)
Blue Heron Art Center
Tickets: 463.5131 or www.brownpapertickets.com

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An orca encounter ranks high on the list of healing events we could hope for on any anniversary of 9/11. We were blessed with one this year, from some old finned friends. Chez VHP was observing the reading of the names at Ground Zero, Shanksville, and the Pentagon when the welcome sighting calls started.

Once again, VHP associate Mark Sears was the only researcher available to obtain ID photos. Among the six Transients Mark photographed off Dibworth on 9/11 were at least three who visited Vashon-Maury in September 2009: T137, T36A, and T36A1. T36A was satellite tagged at the time. You can view her wide-ranging travels at http://cascadiaresearch.org/robin/kw/september09.htm. Beautiful T137 is recognizable from the distinctive tear on the trailing edge of her dorsal fin.

My eyes popped when I opened Mark’s photos from his August 26 encounter. He captured images of California Transients! These killer whales were in the group that scattered to the north on that day.

The handsome dude in this week’s photo is T132, a.k.a. CA20 and AO10, his additional alpha-numeric IDs from California and Alaska. “Mark, that dorsal is well over six feet,” I exclaimed. To paraphrase the corny joke, you look in the dictionary under “killer whale dorsal fin” and you see T132’s picture. From his research boat, Mark had a seal’s-eye view of T132’s massive girth gliding underwater – the biggest bull orca he has ever seen, he commented. Most Transient ages are inexact; CA20’s estimated age is around 43.

Female T134, a.k.a. CA54 and AO12, is beside T132 in Mark’s photo. Her estimated age is around 32. T132 and T134 were once spotted in Glacier Bay, AK, making them quite the long distance swimmers. In my Transient guide, not many whales have IDs from both California and Alaska. As I mentioned last time, Chez VHP is in orca geek overdrive with confirmed IDs of California Transients in Vashon-Maury waters. Since the end of August, bothTransient newcomers and repeat visitors graced our Island.

Please support the work of the Vashon Hydrophone Project (VHP): REPORT LOCAL WHALE SIGHTINGS ASAP TO 463-9041. Reporting directly to the VHP sustains an ongoing, accurate dataset of whale sightings for Vashon-Maury and contiguous Central Puget Sound waters, initiated more than 30 years ago by researcher Mark Sears. Call the VHP about seal pups as well as dead, injured, or sick marine mammals on Island beaches. Check for updates at www.Vashonorcas.org and send photos to Orca Annie at Vashonorcas@aol.com.

This is the last opportunity before Odin’s “Killer Whale Matriarchs” carving is auctioned for Vashon Allied Arts on September 24, so I will describe it. Orca societies are matrilineal; thus, several years ago, I asked Odin to create a design for the ladies, so to speak.

Odin’s piece honors matriarchs of Puget Sound’s endangered killer whale population, the Southern Resident Community. The salmon in the body of the lower left whale symbolizes the fish-eating diet of the Southern Residents: J, K, and L Pods. Tlingit and Haida societies are also matrilineal. The raven in the dorsal fin of the top whale alludes to the Haida Raven-finned Killer Whale crest. The eagle in the body of the lower right whale signifies that Killer Whale belongs to the Eagle moiety in the Tingit matrilineal clan system.

In 2007, Granny (J2), Lummi (K7), and Ocean Sun (L25) were the eldest females in each pod. These were the “ladies” we initially had in mind for the Matriarchs design. 100-ish Granny is now the oldest Southern Resident orca. Ocean Sun is approximately 83, Beloved Lummi, age 98ish, died in 2008. These precious Pod Elders are culture bearers, embodying Indigenous orca wisdom needed to survive in the Salish Sea, the traditional territory of Southern Residents for thousands of years.
**Weekend Entertainment September 16-17**

**Fender Shine & TV Dinner**

Fender Shine has been fermenting for years. The members have been eyeing each other as potential band mates, while continuing to play with other Island musical configurations, such as Island Fusion, Shy Sundays, BeSides and Goldaline.

At long last, these diverse musical ingredients got tossed together to create a tasty musical fizz bang! We bring you Fender Shine, a fine blend of great tunes, both original and obscurely covered rock and roll, with a twist of time. Fender Shine is Rick Vanselow (guitar), Eric Frith (guitar), Steve Meyer (bass) and Kim Thal (violin). Joining Fender Shine on this bill is TV Dinner, a crowd favorite at the Red Bicycle.

If everyone at the table could please join hands…TV Dinner would like to give thanks for jazz, blues, rock and soul music from movies and television. From Doris Day to Dunder Mifflin, From the Professor to Mary Ann. TV Dinner shares this platter of tasty jams, complete with a side dish of roots and reggae.

This is an all-ages show ‘til 11pm, then 21+ after that.

Friday, September 16, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-9599

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**Tim Fast - Folk/Americana**

Minnesota native Tim Fast knew in third grade that he wanted to be a performer after he and three other buddies mimicked the words and music to the Beatles’ song “Nowhere Man” for show-and-tell. For 20 years he put together bands and played shows from the Midwest to California until he decided to go it alone. A Folk/Americana singer-songwriter, Fast has performed on live radio shows, been featured on cable television, and has been nominated for and received, many awards for his skillful songwriting. In 2003, he released his self-titled debut CD and in 2007, his second CD, Starlite Drive-in. He’s currently working on his third album, to be released sometime this year. www.timfast.com

One More Mile is a band that came together over the passion of playing real blues and making the blues real! These talented front men are backed by the most amazing rhythm section any band could ask for! These two child prodigies are David “The Kid” Salmen on Bass and Sammy “Milhouse” Veatch on drums. Both young men have been playing together since birth, forming one of the tightest beats available. The Kid comes from a family of Cajun musicians out of Louisiana, and his grandfather brought Cajun to the Pacific Northwest back in the 70’s. Veatch’s father has been performing and managing bands and groups since they moved here in the 80’s. All told, this is one hot band and their live performances get everyone up and shakin’ it, or diggin the groove from the comfort of their seats. All ages ‘til 11pm 21+ after that.

Saturday, September 17, 9pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-9599

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**Kels Boreen - Folk, Rock, Soul**

Having grown up in the San Juan Islands, Kels is steeped in a love for life, the land and community. His newly created One Tree Records is an alternative and collective record label created with the intention to help grow, nourish and sustain great independent music! Rooted in the Pacific NW, they are a unique cooperative seeding musical expression by branching out through community networking to provide a platform of support and direction for aspiring artists. Boreen counts as his inspiration family, friends, community, love, pain, traveling and wandering, weird and uncomfortable social situations, addictions, loss, late nights and sunrises, hardships, fellowship, relationships, mishaps and magic, conflict and contrast, life and death, darkness and light.

Saturday, September 17, 7pm, At Cafe Luna, 9924 SW Bank RD www.cafeunavashon.com

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**Local Author Event with Bruce Haulman**

Vashon local and historian Bruce Haulman will be discussing his latest work, the narrative history of Vashon-Maury Island. He and Pam live at Vashon Heaven named in remembrance of Pam’s Aunt Ethel who always told people she lived on Vashon Heaven. Their four children and five grandchildren all live in the Seattle area. Bruce has taught film history and Pacific Northwest history and is on the Board of the Vashon-Maury Island Heritage Association. vashonhistory.com.

Sunday, September 18, 7pm, At Cafe Luna, 9924 SW Bank RD

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**Cordaviva**

Cordaviva is a 9-piece powerhouse of dance music influenced by the disparate rhythms and styles of the African diaspora. Their upbeat original music is a unique blend of soukous, rumba, Afro beat, funk, and various Latin styles. Bright horns compliment sublime vocal harmonies (sung in various languages), soulful guitars, and relentlessly driving percussion.

Cordaviva has performed at such notable Seattle venues as The Triple Door (lounge and main stage), Nectar Lounge, The Tractor Tavern, and ACT Theatre. Cordaviva’s influences stem from musical legends such as Nigeria’s Fela Kuti, Guinea’s Bembeya Jazz, and Congo’s Franco & TP OK Jazz, as well as the Brazilian and Afro-Cuban sounds of Caetano Veloso and Mongo Santamaria.

“You’ll be in for a real treat when you see Cordaviva… blending Soukous, Afrobeat, and Reggae gives [them] an unexpected edge in the local World music scene and completely sets them apart…[they do] a fantastic job of combining sax, trumpet, percussion, guitars, keys and vocals all while giving each instrument their own spotlight.”

-Lindsey Scully, SSG Music

This is a free all-ages show until 11pm, then 21+ after that.

Friday, September 30, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-463-9599

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**Vashon Celtic Players and Knitters!**

Here’s a Vashon institution that just happens to find its home at Cafe Luna every Third Sunday of the month. It’s the kind of music that you can enjoy with both ears, or just half an ear, while talking to a friend or quietly relaxing. So, grab a beer and have a great time with these fun-loving folks; at least a dozen of the 70 musicians show up to play most of the merry melodies (mostly Irish, jigs, reels, and polkas) from memory. Beginners are welcome; staying with the beat is the only requirement. Get a head start with the 250 tunes on their website, home.comcast.net/~saustin98/lark/... and, also on Sunday from 4 – 6 pm Sunday Knitting! If fabulous music wasn’t enough... knitters of all abilities are invited to drop in and bring their projects to the Cafe. Knit, schmooze, and learn from each other, while the Celtic Players work their understated and very merry music. What a fabulous combination!

Sunday, September 18 4:30pm, At Cafe Luna, 9924 SW Bank RD www.cafeunavashon.com

After seeing him perform at the High Sierra Music Festival in the summer of ’97, Rob Bleietstein of Gavin wrote: “Jim Page is a lyrical genius with a guitar. This man personifies the word ‘free-flow.’ Page takes to the mic and the song’s melody blends with the spot; his talent is a natural wonder.”

And in any of the many countries, from the countless tours and stages he has played and the countless songs he has written, discography has been christened by Christy Moore, Michael Hedges, John Trudell, The Doobie Brothers, Joanne Rand, Casey Neill (yes) David Soul.

Casey Neill for citing his political pieces he is in constant demand by the social activist: “More reminiscent of the Woody Guthrie I heard as a boy than anyone I’ve listened to in the intervening years” - Philip Elwes, San Francisco Examiner

“a master of the craft of song writing, a wicked guitarist and the most relevant topical musician of his day.” - Casey Neill, Earth First Journal

Friday, September 16, 8:30pm. At the Red Bicycle, 17618 Vashon Hwy - 206-465-5959

to put them in my pocket and let them out in the woods where they could be free and land on trees and soil-covered rocks. and instead of saying you’ve been saying that ever since I can remember. When I was seven and sat near you on the couch, I said, “I wish I was a fairy.”

Since Jordan and I left the circus two years ago, Mother has called at least twice a week, a real no-nonsense busywoman, chirping worried words that fit all around my 30-year-old already over stuffed brain. But I do not judge, this keeps me from the hell of myself, scintillating red hair, flashing smile, and button blue-eyes, so how could I deny her the opportunity to spew words at me whenever she wanted? At four feet-three inches tall, I tower over her like a bird over water. She used to say, “You got your father’s height, he was almost a foot taller than me.”

My mother, known throughout the community as Wee, was crushed when my father left her before I was born. They were in Philadelphia for a week when he escaped one night through the side of the big tent. I say escaped because Mom said he’d always felt trapped in the entertainment industry, where he rode the elephants and talked small talk to big people. Whenever he told me that story I formed a mental image of the moon slipping behind a night black cloud, succumbed by its softness, staying there until the other day, her visage I can’t see. I pictured my father running with pygmy legs, arms swaying at his sides as he looked like he was ready to crawl into a hole. We left without getting a dog.

The best had to be when that wonderful folksinger Jim Page joined the mainstage outdoor closer Leftover Salmon. He strums a few chords to get them started and then they build the melody up. Jim starts to improvise lyrics... And all of Leftover Salmon is getting out-to-ear. I’ve seen 1500-plus concerts and that moment was wonderful a band/audience connection as I’ve ever witnessed.

Jim easily fits into the concert hall or the class room. Brian Tokar, Goddard College: “Even the most skeptical students were convinced by the end of the class that, in the whole tradition of topical song writing is alive and well in the late 1990s. Your songs bring a phenomenal mix of humor, irony and lyrical brilliance to exposing the outrages and absurdities of our times.”

Or in the house concert: Peter Sussman, Duncan, British Columbia: “Jim is truly one of the best songwriters of our day... the range of his creations is extremely broad and runs the gamut from biting satire to beautiful, sensitive love songs. He must be heard.”

And of course, at the festivals sitting in with the likes of Bonnie Raitt, Taylor Swift, Mike Gordon, Page and the likes.

Jim has been on the scene for more than twenty years and his reputation continues to grow. He has shared the stage with the likes of Bonnie Raitt, Emmylou Harris, Dan Bern, Michelle Shocked, Leftover Salmon, Mickey Hart, J.C. Cale, Robert Hunter, Chuck Brody, and many others. Many of the songs he has written have been performed by Christy Moore, Michael Hedges, John Trudell, The Doobie Brothers, Joanne Rand, Casey Neill (yes) David Soul.

The opening concert, Friday, October 7, will be performed at Vashon Methodist Church. The concert will showcase Beethoven’s immortal masterpiece for piano trio “Beethoven Archduke Trio,” with Stephen Bryant on violin, Douglas Davis on cello and Allan Damron on piano. The celebrated piece, written during Beethoven’s “middle” period was considered to be among his finest compositions, even by Beethoven himself.

The program will also include the delightful Dvorák Piano Quartet in Eb major, known as one of his most charming and complete Slavonic compositions. Sue Jane Bryant on viola, and cellist Rowena Hammill will join the quartet for two Allred Schnitke selections.

Before moving to Seattle, guest pianist, Allan Damron lived in Chicago, where he coached at Chicago Lyric Opera and was Music Director of Chicago City Ballet. Frequent participant with University of Chicago Chamber Players, Damron appeared in many chamber music series including the National Gallery of Art, the Metropolitan Museum in New York, The Gardner Museum in Boston and more. He currently plays with Pacific Northwest Ballet.

Violinist Stephen Bryant, current member of Seattle Symphony Orchestra. Violinist Sue Jane Bryant, has performed with Seattle Symphony, Soundbridge Young Composers Series, Pacific Northwest Ballet, Seattle Chamber Players and others.

The next concert in the series takes place Friday, October 7 and Saturday, October 18 and 19, 7:30 pm, at the Blue Heron and will feature an All Women Concert with works by Martinu, Mozart and Schumann. For more information please go to VashonAlliedArts.org. Series tickets available at 465.5311. For complete Chamber Concert schedule, please go to VashonAlliedArts.org.

Jim Page
Seattle Musician
Friday, October 7, 7:30 pm
Vashon Methodist Church
Individual tickets: $18/$21 VAA, Heron’s Nest, Books by the Way, brownpapertickets.com
Full Series Subscription: $75/$90 (Tickets are transferable)

New Works Series Launches VAA Performance Season

By Janice Randall

VAA New Works Series starts off the performing season 7:30 p.m., Saturday, Oct. 1, at the Blue Heron with veteran island movement artist/choreographer Karen Nelson. Nelson performed in the New Works Series during the mid 1990’s, and after a hiatus returned to dance and Vashon last year. The Blue Heron interior wall will be pushed back for this performance to allow ample room for dancers, actors and musicians.

Nelson initiated Pause/Scratch/Play, a collaboration of artists and media. She will be joined by dancer/choreographers Kris Wheeler and Lila Hurwitz (both of Seattle), visual installation artist Susan Gladstone (Portland), percussionist John Duney (Vashon) and other guest performers.

According to Nelson, the dance celebrates the experience of embodiment. “Process is the product; this work invites people to step back in the process of being,” she adds.

Tickets are $12/$15 and available now at Hottel’s, Heron’s Nest, Books by the Way and brownpapertickets.com.

New Work Series Launches VAA Performance Season

By Janice Randall

Vashon Allied Arts’ 2011-2012 Chamber Music Series begins its third season thanks to the unerring artistic vision of Island cellists Rowena Hammill and Douglas Davis and chamber music fans.

This year’s series, an exquisitely diverse repertoire and thoughtfully selected group of exemplary musicians, runs Oct. 7, 2011, through March 31, 2012. The opening concert, Friday, October 7, will be performed at Vashon Methodist Church. The concert will showcase Beethoven’s immortal masterpiece for piano trio “Beethoven Archduke Trio,” with Stephen Bryant on violin, Douglas Davis on cello and Allan Damron on piano. The celebrated piece, written during Beethoven’s “middle” period was considered to be among his finest compositions, even by Beethoven himself.

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Compost the Loop
The Loop's soy-based ink is good for composting.

Deadline for the next edition of The Loop is
Friday, September 29

Island Birding Guide
Tours to the best Vashon and Puget Sound bird spots
Species Identification
How to Attract Birds
To Your Yard
Ed Swan

Vashon's Yellow Pages on line. Find it on:
www.VashonPages.com
Kronos, Palouse Winery, Pandora’s Box, Northwest Sport, Frame of
Mind, Country Store, LS Cedar, Vashon Business Info
www.VashonPages.com

Make a date with Vashon!
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Vashon Library Events
Art & Music Events
Submit your Event on line at
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Care Packages Sought for Fallen Soldier’s Platoon
When Vashon’s 1st Lt. Robert Bennedsen was killed in Afghanistan last
month, he had only been in the country three weeks, but he had already come
up with a plan of support for men and women under his command.

He told his family that while he enjoyed care packages from home, many
in his platoon never received anything. He hoped the people of Vashon would
change that.

Bennedsen’s family and friends wish to fulfill Bennedsen’s plan and ask
that Islanders donate cash to the cause or give items the men and women there
have requested. The list includes mechanic’s gloves, green uniform socks,
sunscreen, hand warmers, preserved foods, powdered Gatorade, cans of tuna,
toothpaste, toothbrushes, razors, reading material, flip flops and hard candy,
according to Lauren Chinn, who is helping to organize the effort.

Islanders can drop off both types of donations for Bennedsen’s platoon
at James Hair Design or Bank of America.

PERRY’S VASHON BURGERS
With Gluten Free Buns!
17804 Vashon Hwy SW
Open 10am to 10pm Monday-Saturday
12pm to 5pm Sunday
Best Burger in Town!
For a Burger Emergency 463-4-911

Espresso
Latte and Wisdom
To Go
Monday - Friday 5:30am - 3:00pm
Saturday 7:00am - 3:00pm
Sunday 8:00am - 2:00pm
17311 Vashon Hwy Sw

Island Birding Guide
Species Identification
How to Attract Birds
To Your Yard
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