

A Pilgrimage to the Chartres Labyrinth

Presentation, discussion and guided meditation

The Chartres Cathedral Labyrinth in France is the best preserved medieval labyrinth of the 80 labyrinths built in 11th and 12th century Europe. Pilgrimage was very important in medieval Europe and Chartres was a major stop for pilgrims walking the Camino de Santiago to Santiago de Compostela in Spain. Pilgrimage is again popular in our time as a way to find guidance, inner connection and meaning in our lives. The meandering labyrinth is an ideal place for reflection and meditation. Please join me for a presentation about my recent pilgrimage to Chartres and a discussion of labyrinths and pilgrimage. There will be a guided meditation and quiet time for you to consider the pilgrimages in your own life. **The beautiful Trinity Chartres style labyrinth will be open for a personal reflective pre-election day walk from 11 until 145 prior to the presentation**

Patricia Newton, labyrinth facilitator, member of the Trinity Labyrinth Guild and Labyrinth Network Northwest

Trinity Episcopal Cathedral 147 NW 19th Avenue Portland 97209 Kempton Hall Free

Monday November 5 2-330 pm For information contact trish@keyosk.com

