

SACRED DANCE - WINTER TERM

DANCING OUR WINTER PATHWAY

In this season of winter, we will dance our pilgrim pathway, encountering traditions of the labyrinth along the way.

Dancing our inner journey, we will explore several modes of contemplation and reflect on new directions of our lives.

People of all abilities are welcome. Wear comfortable clothing.

Instructors:

Jane Rickenbaugh, MA, is a dancer and choreographer who has taught at Clackamas Community College, Mt. Angel Abbey and Monastery of the Ascension in Jerome, Idaho.

Susanna Lundgren, MFA, cantor and art historian, has taught sacred music and art at the Monastery of the Ascension and in area colleges for over 25 years. And if possible to include: In 2012 she received the Excellence in Teaching Award at Warner Pacific College.



Tuesday Evenings

January 22-February 26

7:00-9:00 pm

Kempton Hall

\$45 General

\$40 Trinity Members

Register:

Jane Rickenbaugh

janespiritdance@comcast.net



TRINITY
EPISCOPAL
CATHEDRAL
SPIRITUAL FORMATION