Welcome to Portland, home to dozens of beautiful labyrinths. No matter where you are in the greater Portland area, visitors are sure to find a nearby labyrinth in a welcoming venue. From churches to hospitals to schools to private backyards, there are designs and materials that will inspire and soothe the seeking soul. Please visit labyrinthnetworknorthwest.org for updates to this brochure, or for more information about labyrinths.

### Portland Labyrinths

<table>
<thead>
<tr>
<th>Number</th>
<th>Labyrinth Name</th>
<th>Address</th>
<th>Type</th>
<th>Accessibility</th>
</tr>
</thead>
<tbody>
<tr>
<td>A.</td>
<td>Cedar Hills UCC Church</td>
<td>11695 Southwest Park Way</td>
<td>Classical, pea gravel in church garden</td>
<td>Always open</td>
</tr>
<tr>
<td>B.</td>
<td>Metanoia Peace Community UMC</td>
<td>2116 NE 18th Ave</td>
<td>Labyrinth on front lawn; outdoor brick paver</td>
<td>Classical; Always open</td>
</tr>
<tr>
<td>C.</td>
<td>OHSU Center for Women's Health</td>
<td>5505 Southwest Bond Avenue</td>
<td>Classical, brick/paver</td>
<td>Always open</td>
</tr>
<tr>
<td>D.</td>
<td>Parkrose Community Peace Labyrinth</td>
<td>Corner of NE 115th St. &amp; NE Shaver St.</td>
<td>Contemporary brick paver</td>
<td>Always open</td>
</tr>
<tr>
<td>E.</td>
<td>The Grotto</td>
<td>8840 NE Skidmore St</td>
<td>Chartres, brick paver</td>
<td>Open 9 AM to 8 PM daily, $3 elevator fee</td>
</tr>
<tr>
<td>F.</td>
<td>Sts. Peter and Paul Episcopal Church</td>
<td>8147 SE Pine St.</td>
<td>Classical, bark</td>
<td>Always open</td>
</tr>
<tr>
<td>G.</td>
<td>St. Gabriel's Episcopal Church</td>
<td>17435 NW West Union Rd.</td>
<td>On patio behind church; painted concrete</td>
<td>Always open</td>
</tr>
<tr>
<td>H.</td>
<td>Labyrinth House, Paula Starr</td>
<td>2801 SE 58th Ave</td>
<td>The Unity Labyrinth is a mown grass reconciliation-style</td>
<td>Five circuits and a central axis “chakra walk,” Private/Call 503-810-4061 to check availability.</td>
</tr>
<tr>
<td>I.</td>
<td>Garden Labyrinth, Cindy Kinnie</td>
<td>12915 NW Skyline Blvd</td>
<td>Classic seven-circuit garden labyrinth with a gazebo and beautiful views of the Tualatin Valley. Private/Call 503-646-9951 to check availability.</td>
<td></td>
</tr>
<tr>
<td>J.</td>
<td>Trinity Episcopal Cathedral</td>
<td>147 NW 19th Ave</td>
<td>Chartres, inlaid wood; always open; Opens Mondays 11 AM to 1 PM; call 503.478.1201 for evening walks and other opportunities.</td>
<td></td>
</tr>
</tbody>
</table>

### Beaverton Labyrinths

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</tr>
</thead>
<tbody>
<tr>
<td>K.</td>
<td>Mission of the Atonement</td>
<td>7400 SW Scholls Ferry Rd.</td>
<td>11 circuit Chartres; brick/paver</td>
<td>Always open</td>
</tr>
<tr>
<td>L.</td>
<td>Garden Labyrinth</td>
<td>Pat Reser, 8080 SW 175th Ave</td>
<td>Classical; rock/garden</td>
<td>Private/Call 503.649.5013 to check availability.</td>
</tr>
</tbody>
</table>

### Clackamas Labyrinths

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</tr>
</thead>
<tbody>
<tr>
<td>M.</td>
<td>Kaiser Sunnyside Hospital</td>
<td>10163 SE Sunnyside Rd</td>
<td>Located near the Birthing Center; brick paver Chartres style</td>
<td>Always open</td>
</tr>
<tr>
<td>N.</td>
<td>Saint Luke the Physician Episcopal Church</td>
<td>120 SW Towle Ave</td>
<td>Concrete Chartres style in the church yard with gardens</td>
<td>Always open</td>
</tr>
</tbody>
</table>

### Gresham Labyrinths

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</tr>
</thead>
<tbody>
<tr>
<td>O.</td>
<td>St. James Episcopal Church</td>
<td>11511 SW Bull Mountain Rd</td>
<td>Behind church with stations of the cross; paint on concrete</td>
<td>Always open</td>
</tr>
</tbody>
</table>

### Tualatin Labyrinths

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</tr>
</thead>
<tbody>
<tr>
<td>P.</td>
<td>Legacy Meridian Park Hospital</td>
<td>198300 SW 65th Ave</td>
<td>7 circuit Chartres; paint on concrete; in Seasons of Life garden</td>
<td>Always open</td>
</tr>
</tbody>
</table>
"Upon the path of trust, O friends, we need not judge ourselves or others. For, as we reverence all life, the beauty and unity of diversity will be seen."
-Nan C. Merrill, Psalm 105, 'Psalms for Praying, an Invitation to Wholeness'

"Pilgrim? Today? Yes, this very day.
Perhaps not so much To Kailish, Jerusalem, Mecca, Santiago, Nidaros... As on the invisible path, In the inner landscape.
That's where Everything begins. And where Everything ends.
The inner landscape is The terrain we know. The invisible path Leads towards the Middle, Where life is always new."
-Bodvar Schjelderup

"A good traveler has no fixed plans, and is not intent on arriving." - Lao Tzu

Labyrinth Song
by Marlise Stroebe

Listen, what will you hear; (repeat each line 3 times) Spirit guide me.
Seeking, what will you find; Spirit guide me.
Loving, what will you share; Spirit guide me.
Crying, what makes you sad; Spirit guide me.
Laughing, what will you cure; Spirit guide me.
Forgiving, what will you heal; Spirit guide me.
Teaching, what will you change; Spirit guide me.

"Furthermore, we have not even to risk the adventure alone, for the heroes of all time have gone before us. The labyrinth is thoroughly known.... Where we had thought to travel outward, we will come to the center of our own existence. And where we had thought to be alone, we will be with all the world." - Joseph Campbell, Hero With a Thousand Faces

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Map of Portland-Area Labyrinth

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