May 2020 LNN Newsletter



New Labyrinth at the Franciscan Spiritual Center
2512 SE Monroe St, Milwaukie, OR 97222
You are invited to stop by and walk this beautiful new labyrinth.

Phase two of the Peace and Meditation garden at the Franciscan Spiritual Center is a new 5 circuit labyrinth designed by Stephen Shibley on the West side of the property. Even though most of the center's classes are now online, you are welcome to walk the labyrinth, maintaining proper social distancing, of course.



New Portable Labyrinth in Salem created by Richard Poudrier First Congregational Church 700 Marion St NE, Salem, OR 97301

Richard invited other people to join him in painting this colorful 15 ft. canvas labyrinth on the floor of a church, but his work on the labyrinth got interrupted by the Stay at Home order. So he had to work on the labyrinth alone at his home where only a small portion of the labyrinth could be visible at one time. The labyrinth was completed by World Labyrinth Day, but now the church is closed and nobody can walk it until social distancing restrictions are reduced.

VIRTUAL LABYRINTH EVENTS

If you need a finger labyrinth for these virtual events, we have printable copies on the LNN Resources Page: Classical Labyrinth Chartres Labyrinth



For many years, Trinity Episcopal Cathedral's labyrinth third Monday walks have been a well-attended favorite. Starting May 18 at 6:00 p.m., the Trinity Labyrinth Guild will host a Zoom Finger Labyrinth meditation. They will open with some finger labyrinth instruction, centering, pictures, and meditation, followed by a group finger labyrinth walk accompanied by special music. There will be time for sharing afterward.

These events will be held every third Monday until regular walks can resume. The next will be June 15.

To join, click on the link below. This was walk can include up to 100 people.

https://us02web.zoom.us/j/82141147469?pwd=KzEwbnpwS0IPQ1RpcTRiQzdpQzl1QT09

Veriditas, the international labyrinth organization, holds Zoom Finger Labyrinth Meditations every Friday. People attend these walks from all over the world. The times alternate between 1:00 p.m. and 4:00 p.m. to accommodate participants in different time zones.



On Friday, May 22, the walk will begin at 4:00 p.m. Pacific Time and will be led by Judith Tripp.

On Friday, May 29, the walk will begin at 1:00 p.m. and Lars Howlett will be leading. These events are free but you must register in advance at the <u>Veriditas website</u>. After registration, you will be sent a link to connect to the meeting. The Veriditas website has a number of labyrinth webinars that you can watch for free or a small cost. There is an excellent short video on how to use a finger labyrinth.

A different kind of World Labyrinth Day

Dear Labyrinth Friends,

I was very disappointed when we had to cancel our plans for World Labyrinth Day. Suddenly because of the pandemic, all labyrinth events were cancelled. It was very depressing. Then suddenly creative new ideas developed, and the results were astounding. Veritas got the ball rolling with Online Finger Labyrinth Meditations. Over 200 people came for the first event.

The Labyrinth Society planned 'Walk around the World', a 24-hour Virtual Celebration for World Labyrinth Day. I was very skeptical, but I tuned in to see what was happening. As you might expect, there were lots of technical difficulties. "We can't see the pictures", "We can't hear you", etc., but that was just part of the adventure. I couldn't stop watching. It was so exciting to hear such a variety of people talk about what they're doing with labyrinths.

In the middle of the night, I experienced excellent presentations by people from around the world: USA, England, Australia, New Zealand, and Portugal. There were so many creative ideas. Finally, at 5:00 am, I had to force myself to leave the computer and get to bed.

I couldn't stay tuned in for the whole 24 hours, but I saw the closing presentation at 4 PM led by Eve Hogan from Hawaii. I hated to see it end. So, it was a very different kind of World Labyrinth Day and a refreshing burst of creativity. Call me, and I'll tell you about some of the interesting ideas I experienced.

Love, Kay

New LNN Website

Labyrinth Network Northwest is starting to consider a new website. We are interested in any suggestions you might have for it. What would you like it to feature? What would you use it for? Please e-mail any ideas or concerns to the website committee (web-calendar@labyrinthnetworknorthwest.org)

Copyright © 2020 Labyrinth Network Northwest, All rights reserved.

You are receiving this message because you are on the Labyrinth Network Northwest email list.